

# SAILING INSTRUCTIONS

## 2016 CONSTABLE CUP

### Stage 1 – Long Distance Race

Thursday July 14<sup>th</sup>, 2016

---



1. **Rules**

The race will be governed by the rules as defined in *The Racing Rules of Sailing*, as interpreted in the sole discretion of the Committee.

2. **Schedule**

1130 Skippers Meeting, 1300 warning signal, Thursday, July 14<sup>th</sup>, 2016. In the event of a postponement due to weather, the Long Distance Race will be held on Friday, July 15<sup>th</sup>, start time to be announced.

3. **Starting & Finishing Line**

Between an orange flag on the race committee signal boat and an orange inflatable. The line will be set between First and Second Points in the Harbor.

4. **Course & Marks**

The course will be posted on a course display board. Marks are to be rounded to port unless designated by a letter "S". The color of the posted letters has no meaning. The following marks may be used:

- A: Government mark, green can #13, off Brant Point
- E: Red "Town mark" nun #2 off First Point
- M: Red "Town mark" nun #4 off Second Point
- F: Red "Town mark" nun #6 off Third Point
- D: Red "Town mark" nun #2 off Polpis
- P: Red "Town mark" nun #8 off Pocomo
- X: Red and White government bell buoy outside harbor entrance
- 1: Red government mark "8A" on north end of Pocomo Point Shoal.
- H: Orange inflatable mark in "Head of the Harbor".
- Q: Orange inflatable mark between First and Second Points
- C: Orange inflatable mark off of Jetties Beach inside the harbor
- W: Small orange inflatable south of the Opti docks.
- Y: Yellow inflatable somewhere inside Polpis harbor

The chart provided shows the approximate location of the marks. It is not to be used for navigation. Competitors shall remain clear of all commercial traffic. Note that the letter designations listed above for the Orange marks are intended to identify the location of the marks. The letters ARE NOT inscribed on the marks.

5. **Time Limit**

The time limit for the first boat to sail the course and finish is 4 hours. Boats still racing more than 1 hour after the first boat finishes will be scored as Did Not Finish (DNF). Boats finishing after the race committee boat has left the finish line shall take their own positions and finishing time upon finishing, and report them to the Race Committee upon returning to shore.

6. **Stage Scoring**

Stage 1 will count for 31.667% of the Regatta score, except as provided in the Notice of Race. In the event that Stage 1 is postponed due to weather reasons, it will be sailed on Friday.

# SAILING INSTRUCTIONS

## 2016 CONSTABLE CUP

Stages 2 & 2.5 – Medium Distance Races & Performance Element  
Friday July 15<sup>th</sup>, 2016

---



1. **Rules**

The race will be governed by the rules as defined in *The Racing Rules of Sailing*, as interpreted in the sole discretion of the Committee.

2. **Schedule**

1130 Skippers Meeting, 1300 warning signal, Friday, July 15<sup>th</sup>, 2016

Two medium distance races are scheduled. One completed race is required to constitute a Stage.

3. **Starting & Finishing Line**

3.1 Between an orange flag on the race committee signal boat and an orange inflatable. The line will be set between First and Second Points in the Harbor.

3.2 If the letter B is posted on the course board next to the last mark, the last leg will be set downwind to the finish, and boats must finish by crossing the line STERN-FIRST. Boats crossing bow-first or sideways will not be counted as finished.

4. **Course & Marks**

The course will be posted on a course display board. Marks are to be rounded to port unless designated by a letter "S". The color of the posted letters has no meaning. The following marks may be used:

- A: Government mark, green can #13, off Brant Point
- E: Red "Town mark" nun #2 off First Point
- M: Red "Town mark" nun #4 off Second Point
- F: Red "Town mark" nun #6 off Third Point
- D: Red "Town mark" nun #2 off Polpis
- P: Red "Town mark" nun #8 off Pocomo
- X: Red and White government bell buoy outside harbor entrance
- 1: Red government mark "8A" on north end of Pocomo Point Shoal.
- H: Orange inflatable mark in "Head of the Harbor".
- Q: Orange inflatable mark between First and Second Points
- C: Orange inflatable mark off of Jetties Beach inside the harbor
- W: Small orange inflatable south of the Opti docks..
- Y: Yellow inflatable inside Polpis harbor

5. The chart provided shows the approximate location of the marks. It is not to be used for navigation. Competitors shall remain clear of all commercial traffic. Note that the letter designations listed above for the Orange marks are intended to identify the location of the marks. The letters ARE NOT inscribed on the marks.

6. **Time Limit**

The time limit in each race for the first boat to sail the course and finish is 2.5 hours. Boats still racing more than 1 hour after the first boat finishes will be scored as Did Not Finish (DNF). Boats finishing after the Race Committee boat has left the finish line shall take their own positions and finishing time upon finishing, and report them to the Race Committee upon returning to shore.

7. **Stage Scoring**

Stage 2 will count for 31.667% of the Regatta score, except as provided in the Notice of Race.

8. **Performance Element Scoring**

The Performance Element will count for 5% of the regatta score.

# SAILING INSTRUCTIONS

## 2016 CONSTABLE CUP

Stage 3 – Fleet Racing

Saturday July 16<sup>th</sup>, 2016

---



1. **Rules**

The race will be governed by the rules as defined in *The Racing Rules of Sailing*, and the NYC One-Design Series Sailing Instructions, as interpreted in the sole discretion of the Committee.

2. **Racing**

The (up to) three races which are sailed on July 16<sup>th</sup> as part of the NYC July Series will count as Stage 3 of the Constable Cup. One completed race is required to constitute a Stage.

3. **Stage Scoring**

A boat's combined score for the day's racing will be used to determine its finishing position for Stage 3 scoring purposes. Stage 3 will count for 31.667% of the regatta score, except, in the event that Stage 1 is postponed and sailed on Friday, both Stage 1 and Stage 3 will be scored 47.5% of the regatta score.

# CONSTABLE CUP COURSE AREA AND MARKS

