

Volunteer Instructor in Training Program

As part of our Adventure track, we are debuting a Volunteer Instructor in Training Program. Intended for our 14- and 15-year-old sailors, the Instructor in Training Program provides sailors with the opportunity to try out instructing, under direct supervision and mentorship from our full-time instructors, as well as receive training in how to succeed at sailing instruction. Good candidates for the Volunteer Instructor program include 420 Green, 420 Blue, and Adventure Sailing participants. This program is not limited to our Adventure track, but it is intended to help give those students not involved in racing a path towards employment as a sailing instructor.

Sailors must apply into the program, and must be accepted by the Program Director. Upon being accepted, volunteers will work with the Program Director to set up a volunteer schedule. In exchange for volunteer hours, volunteers will receive volunteer t-shirts; receive a formal letter from NYC at the end of the summer detailing their time commitment to be used for high school requirements; and be invited to 3 training sessions throughout the summer. Training sessions are intended to help prepare volunteers to take the [US Sailing Small Boat Level 1 Instructor](#) course. This course is required for all NYC Instructors, and students must be 16 years old to take the course. Summer training sessions will mimic anticipated course work and include sessions on: safe power-boating, chalk-talk delivery/presentation skills; and basic sailing theory.

Volunteer Instructor Prerequisites:

- Participate in the NYC Sailing program for a minimum of ten total weeks over the past three summers prior to applying to the program.
- Participate in the Adventure Sailing, 420 Green, 420 Blue, 420 Development, Opti Race, or 420 Race programs during 2016.
- Be at least 14 years old.

Volunteer Instructor Requirements:

- Commit to a weekly regular schedule, with a minimum of two volunteer days each week.
- Commit to a minimum of 18 volunteer hours, with a target of 40 volunteer hours.

Volunteers completing the Instructor in Training course and becoming level 1 certified (once they turn 16) are encouraged to apply to NYC as Junior Instructors. However, neither of these guarantees an individual position at NCS.

To apply to the Instructor in Training program, students should contact [Justin Assad](#).